

### The May Book.

Energy is certainly not lacking in the workers for the Charing Cross Hospital, and their latest endeavour to raise funds, offers a remarkable proof of what enthusiasm can accomplish. They are about to issue, in aid of the special appeal fund, a volume for which they have managed to enlist the sympathies and practical assistance of many of the famous men and women in art and letters. This book will be published in May, and called "The May Book."

### The Forget-me-not-Bond.

The Hon. Sydney Holland, Chairman of the London Hospital, is fertile in resources for increasing the revenues of this institution, and certainly deserves the success he achieves in replenishing its coffers. His last idea is to form a bond of 100,000 men, women, and children, who will help him by giving a penny a week to the hospital funds. Mr. Holland writes: "The Hospital has to spend 336,000 pennies every week. Will you give me one? Say 'yes,' and communicate at once with Mr. F. G. Linnell (66, Thornhill Road, Leyton, Hon. Treasurer), who will lose no time in forwarding you a little book containing fifty "Forget-me-not Bond" Vouchers.

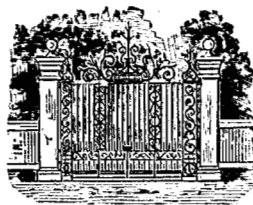
### New Preparations, Inventions, etc.

#### ABBAY'S EFFERVESCENT SALT.

Abbey's Effervescent Salt is a Saline Aperient of great value, while its price, 2s. 6d. per bottle, brings it within the reach of most people. It is an English preparation, which can be obtained from all chemists, and is manufactured by the Abbey Effervescent Salt Co., Ltd., London, and is largely used in the United States and Canada. Its action is not only aperient, but also tonic, cooling, and invigorating, and antacid. For these reasons it is particularly to be recommended to travellers in hot climates, and to all who suffer from sluggish livers. It has the advantage of being so pleasant to the taste that even young children take it with pleasure. Another point to be noted is that being in granular form effervescence takes place slowly, and it may be drunk slowly without choking the user. It is a valuable household remedy, which should find a place in all family medicine cupboards. All mothers know the value of keeping at hand a few simple remedies, and amongst these Abbey's Effervescent Salt should certainly be included.

### Outside the Gates.

#### WOMEN.



It is officially announced that the committee appointed by the King recommend that a national memorial to Queen Victoria be erected in the neighbourhood of the Abbey and Palace of Westminster, or of Buckingham Palace; the memorial to include as its

most prominent feature a statue of the Queen.

The months' magazines still continue to discuss the life and ways of our late Queen Victoria, and a writer in *Blackwood* touches on her nervousness at public functions, well known to her inner circle, but which was so well controlled that the general public was not aware of her suffering, her perfect enunciation, and silver toned voice being the admiration of all who ever heard her speak.

The writer in *Blackwood* reports a remark of her Majesty. "I always am nervous on public occasions." Someone present ventured to remark that this could not have been imagined for a moment, as her Majesty's voice never trembled, and no movement indicated the slightest sign of agitation. "But I am so very nervous," said the Queen, "that sometimes when I have had a speech to read, I have been obliged to steady the paper on my knees to prevent it from shaking."

A devoted subject of the Queen relates in the same article a similar incident:—"The first of Her Majesty's appearances at any public function after the death of the Prince Consort was when she laid the foundation stone of St. Thomas's Hospital. Next day I had an interview with her at Windsor. She asked me whether she had shown any symptoms of agitation or nervousness. I answered 'None.' Upon which the Queen said, 'I am so glad. The truth is I was shaking down to the soles of my feet.' At that time I had become so familiar with the expression of her Majesty's face that I could read in it at the hospital the strong constraint she was using to maintain her self-command."

The "John Oliver Hobbes" Birthday Book, selected and arranged by Zoë Procter, has just been issued by Mr. John Lane. Many of the selections are worth quotation; the three following may perhaps pass as fair samples of the rest:—

The truth is only convincing when it is told by an experienced liar.

It is only a very unselfish man who cares to be loved; the majority prefer to love—it lays them under fewer obligations.

Death in grotesque circumstances is none the less death, and the martyr to a fool's cause is still a martyr . . . it is the heart that makes the occasion.

Newcastle has determined to follow good examples and appoint women as Sanitary Inspectors.

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